



# CALVARY CHRISTIAN ACADEMY

"Not by might nor by power, but by My Spirit," Says the Lord of hosts." Zechariah 4:6

## HIGH SCHOOL ATHLETICS REGISTRATION 2018-2019 SPRING SEASON

We are excited to have your son/daughter participating in the High School Sports Program. This will be a time for your child to learn the basic fundamentals, terminology, and plays of the game. They will also build on current knowledge and strengthen skills they have already acquired. Please complete and return a sports packet in its entirety. Registration fees are \$180.00. Registration fees cover: league fees, practice uniform, awards, and end season team party. Registration fees may be paid by check or cash. Please make all checks out to CCA. We are looking forward to the plans God has for your children and our High School Sports Program. **Students who did not participate in a Fall or Winter Sport must fill out a complete sport packet, get a physical and have the physical form filled out.**

Athlete Name: \_\_\_\_\_ Grade: \_\_\_\_\_  
(Please Print First and Last Name)

E-Mail (for updates/cancellations): \_\_\_\_\_ Phone: \_\_\_\_\_

SPRING sport participating in:

Womens Softball \_\_\_\_\_ Mens Baseball \_\_\_\_\_ Coed Swim Team \_\_\_\_\_

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

-----Office Use-----

**Method of Payment:**

- Cash Amount: \_\_\_\_\_
- Check Amount: \_\_\_\_\_
- Payroll Deduction (CCA Staff Only) Amount: \_\_\_\_\_ Signature Required: \_\_\_\_\_

- Athletics Contract  Athletics Permission Slip
- Athletic Physical & Parent Consent  Blue Card
- Receipt of Payment/ Check #: \_\_\_\_\_ Registration Date: \_\_\_\_\_

Revised 06/05/18 ah

1771 East Palomar Street Chula Vista, CA 91913 • A ministry of Calvary San Diego

619.591.2260 619.591.2261 cca@ccaknights.com www.ccaknights.com



**Royal Knights Athletic Contract  
2018-2019**

Please carefully read and sign the following contract.

**Standard 1**

All athletes must attend every practice and every game unless excused by a doctor's note. All scheduled Doctor's appointments must be scheduled to occur during a time that has not previously been scheduled for a practice or event. All athletes must stay in the scheduled practice or event until released by their coach.

**Standard 2**

All athletes must arrive at each scheduled practice or event on time. The coach has the authority to appropriately penalize that athlete/team.

**Standard 3**

All athletes must have a "C" average (2.0 GPA) with combined citizenship and effort rating of at least Satisfactory with not more than one grade of unsatisfactory. Grade checks on academics and citizenship will be collected at the midpoint of each grading period. If an athlete's GPA falls below 2.0 or they receive two D's or one F during a grade check, the athlete and his/her parents will be required to meet with the AD. The athlete will not be able to participate in any practices/games until this meeting occurs. A student who does not meet the above requirements during the probationary period shall not be allowed to participate in interscholastic athletics in the subsequent grading period.

**Standard 4**

All athletes must behave in a Christ-centered manner at all times. Acting unkind, disobedient, defiant, or in a Disrespectful manner at any time is not acceptable.

**Standard 5**

All athletes must arrive at each scheduled practice or event fully prepared; including proper CCA practice attire and necessary equipment.

**Standard 6**

I have read and understand the material included in the **CCA Athletic Handbook**, which can be found at <http://www.ccaknights.com/athletics/documents.cfm>. I will conduct myself in a manner that is properly aligned with the policies and procedures outlined in the Athletic Handbook.

I, the undersigned, have read the Royal Knights Athletic Contract and agree to uphold these standards.

\_\_\_\_\_  
Athlete Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date



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## ATHLETIC PERMISSION SLIP 2018-2019

I hereby certify that my child \_\_\_\_\_ has permission to participate in the Calvary Christian Academy athletics program during any and all off campus events. I agree and do hereby release and discharge any teacher, employee, or other persons engaged in any CCA activity from all claims, present and future, known or unknown, in any manner arising out of any CCA event during 2018 and 2019. I further understand and agree that this release shall hold any teacher, employee, or other person engaged in the above described activity harmless from any and all liability relating to my child from any and all personal injury or illness that may be suffered by my child, and I further agree to hold them harmless from any loss of property by my child that may occur during the above described activity. In case of emergency, I give permission to the school authorities, or its representatives, to obtain medical treatment for my child in my absence.

\_\_\_\_\_  
Parent or Guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent or Guardian

\_\_\_\_\_  
Date

# ATHLETIC PHYSICAL & PARENT CONSENT 2018-2019

Calvary Christian Academy  
 1771 E. Palomar Street, Chula Vista, CA 91913  
 Phone: (619) 591-2260 Fax: (619) 591-2261

**Student's Name** \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

(Last) (First) (Sex / Birthdate / Grade)

Circle the sports(s) that you will be playing:

- Upper School:** Baseball Basketball Cheer Cross Country Football Soccer Softball Swimming Track Volleyball
- Lower/Middle School:** Cheer Basketball Flag Football Soccer Volleyball Volley-Tennis

**Address** \_\_\_\_\_ **City/State** \_\_\_\_\_ **Zip** \_\_\_\_\_

Mother Address: (if different)	Father Address: (if different)
Home # _____	Home # _____
Work # _____	Work # _____
Cell # _____	Cell # _____

Emergency Contact: \_\_\_\_\_ Home # \_\_\_\_\_ Work # \_\_\_\_\_

Ins. Co. \_\_\_\_\_ Family Dr. \_\_\_\_\_  
 Tel. # \_\_\_\_\_

Policy # \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_ BP: \_\_\_\_\_  
 Vision: \_\_\_\_\_ R \_\_\_\_\_ L \_\_\_\_\_

**Parents: Please Complete** **Physician: Please Complete**

HEALTH HISTORY	NO	YES-COMMENT	VITALS	-	+ - COMMENT
Chronic Illness			Abdomen		
Current medications			Elbows		
Dental appliances			Feet/Toes/Ankles		
Hearing defects			Head		
Have you ever had heat cramps?			Heart		
Passed out during exercise (heat)?			Hips / Pelvis		
Dizzy during exercise (heat)?			Knees		
Ever had chest pain?			Lungs		
Do you tire easily when exercising?			Shoulders		
Ever had high blood pressure?			Spine		
Have you ever had a heart murmur?			Wrist/Hnds/Fngrs		
Racing heart or skip a beat?					
History of family heart problems?			Sports Participation: Yes ___ No ___		
Family history of Marfan's Syndrome?			Limitations:		
Do you have any skin problems?					
Have you ever had a head injury?			Further evaluation required: Yes ___ No ___		
Have you ever been knocked out?					
Have you ever had a seizure?					
Have you ever had a stinger?					
Do you use special pads or braces?					
Have you ever had:			Physician signature _____ Date _____		

- Have you ever had:
- |  |                                       |                                       |                                   |
|--|---------------------------------------|---------------------------------------|-----------------------------------|
| <input type="checkbox"/> Mononucleosis | <input type="checkbox"/> Diabetes     | <input type="checkbox"/> Measles      | <input type="checkbox"/> Hemia(s) |
| <input type="checkbox"/> Hepatitis     | <input type="checkbox"/> Headaches    | <input type="checkbox"/> Asthma       | <input type="checkbox"/> Ulcers   |
| <input type="checkbox"/> Eye Injuries  | <input type="checkbox"/> Ear Injuries | <input type="checkbox"/> Tuberculosis |                                   |

**For females:**

When was your first period and how old were you? \_\_\_\_\_  
 When was your last period? \_\_\_\_\_  
 Are your periods: \_\_\_Regular/Monthly \_\_\_Irregular/skip months

Please feel free to ask the doctor to address any questions/concerns that you may have. All discussions are kept confidential.

**TO REPLY BY FAX: (619) 591-2261**

**PARENT CONSENT**

I give my consent for \_\_\_\_\_ to compete in sports and travel with a school representative. If injured, this is my authorization for medical treatment. I understand that CCA disclaims any financial responsibility for the cost(s) of medical treatment, hospitals, etc. arising out of injury to my child while participating in interscholastic competition.

x \_\_\_\_\_  
 Parent / Guardian signature Date

Student's Name

(Last)

(First)

(Sex)

**CALVARY CHRISTIAN ACADEMY 2018-2019 ATHLETIC EMERGENCY BLUE CARD**

Students Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Grade: \_\_\_\_\_  
Last First

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Family Physician: \_\_\_\_\_

Name Address Phone

Emergency Contact:

Father: \_\_\_\_\_  
Name Address Phone

Mother: \_\_\_\_\_  
Name Address Phone

Other: \_\_\_\_\_  
Name Address Phone

Medications: \_\_\_\_\_

Normal BP: \_\_\_\_\_ Normal Pulse: \_\_\_\_\_ Normal Weight: \_\_\_\_\_

Insurance Carrier: \_\_\_\_\_ Group Policy #: \_\_\_\_\_

**AUTHORIZATION TO CONSENT TO TREATMENT OF MINOR**

I, (we), the undersigned, parents of \_\_\_\_\_ a minor, so hereby authorize the Calvary Christian Academy Coaching Staff, as agent(s) for the undersigned to consent to any x-ray examination, anesthetic, medical or surgical diagnosis or treatment and hospital care is deemed advisable by, and is to be rendered under the general or special supervision of any physician or at said hospital. I also authorize evaluation and first aide treatment of interscholastic injuries on the field, in the training room or in the offices of Registered Physical Therapists and/or Certified Trainers.

It is understood that this authorization is given in advance of any specific diagnosis, treatment or hospital care being required but is given to provide authority and power on the part of our aforesaid agent(s) to give specific diagnosis, treatment or hospital care which the aforementioned physician in the exercise of his/her best judgment may deem advisable.

This authorization is given pursuant to the provisions of Section 25.8 of the Civil Code of California. This authorization shall remain effective until August 20\_\_ unless sooner revoked in writing delivered and said agent(s).

\_\_\_\_\_  
Father Signature / Date

\_\_\_\_\_  
Mother Signature / Date

\_\_\_\_\_  
Legal Guardian Signature / Date

**CALVARY CHRISTIAN ACADEMY 2018-2019 ATHLETIC EMERGENCY BLUE CARD**

Students Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Grade: \_\_\_\_\_  
Last First

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Family Physician: \_\_\_\_\_

Name Address Phone

Emergency Contact:

Father: \_\_\_\_\_  
Name Address Phone

Mother: \_\_\_\_\_  
Name Address Phone

Other: \_\_\_\_\_  
Name Address Phone

Medications: \_\_\_\_\_

Normal BP: \_\_\_\_\_ Normal Pulse: \_\_\_\_\_ Normal Weight: \_\_\_\_\_

Insurance Carrier: \_\_\_\_\_ Group Policy #: \_\_\_\_\_

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\_\_\_\_\_  
Father Signature / Date

\_\_\_\_\_  
Mother Signature / Date

\_\_\_\_\_  
Legal Guardian Signature / Date



CIF-San Diego Section  
 6401 Linda Vista Road, Room 504  
 San Diego, CA 92111  
 Phone 858-292-8165  
 Fax 858-292-1375  
 www.cifsd.org

**ETHICS IN SPORTS (ATHLETE-PARENT/GUARDIAN/CAREGIVER) – 2018-2019**  
 (Revised 3/09)

**I. POLICY STATEMENT**

- It is the mission of the California Interscholastic Federation, San Diego Section (CIFSDS) to promote high standards of sportsmanlike and ethical behavior in and around athletic contests played under its sanction and, in life, in general. Citizenship, Integrity, and Fairness are embodied in that mission. CIF and CIFSDS contests must be safe, courteous, fair, controlled, and orderly for the benefit of all athletes, coaches, officials, and spectators, and behavior by all involved at all times should manifest the highest standards of conduct.
- It is the intent of the section membership that poor sportsmanship, unethical behavior, and violence, in any form, will not be tolerated in athletic contests or practices. In order to enforce this policy, the membership, through its Board of Managers, has established rules and regulations.
- Coaches assume the responsibility to teach and demand high standards of conduct of their athletes both on the field of play and in everyday life, in season and out of season.
- It is the school principal's responsibility to enforce all CIFSDS rules and regulations and to demand high standards of conduct from coaches, athletes, parents/guardians, and spectators. The principal shall demand strict adherence to all the CIF State and CIFSDS rules, regulations, and procedures.
- **Participation in interscholastic athletics and section playoffs is a privilege.**
- The CIFSDS Board of Managers requires that the following Code of Ethics be issued to and signed by each student-athlete, parent, coach, and officials' association. Penalties for failure to submit a signed Code of Ethics are:
 

1. Athlete	Ineligibility for participation in CIF-San Diego Section athletics
2. Coach	Restricted from coaching in CIF-San Diego Section contests
3. Officials Association	Not approved to officiate in the CIF-San Diego Section
4. Parent	Prohibition/Removal from attendance at CIF or CIFSDS event
- **Failure to abide by the standards of behavior as agreed will result in a penalty up to and including disqualification to participate.**

**II. CODE OF ETHICS FOR STUDENT-ATHLETE, PARENT/GUARDIAN/CAREGIVER, COACH, CONTEST OFFICIAL**

- A. Comply with the six pillars and 16 Principles of the Pursuing Victory with Honor program (on reverse side).
- B. Be courteous at all times with school officials, opponents, game officials, and spectators.
- C. Exercise self-control.
- D. Know all rules of the contest, of CIF State, and the CIFSDS and agree to follow the rules.
- E. Show respect for self, players, officials, coaches, and spectators.
- F. Refrain from the use of foul and/or abusive language at all times.
- G. Respect the integrity and judgment of game officials.
- H. An athletic director, sports coach, school official or employee or booster club/sport group member may not provide any muscle-building nutritional supplements to student-athletes at any time. A school may only accept an advertisement, sponsor, or donation from a supplement manufacturer that offers only non-muscle building nutritional supplements. A school may not accept an advertisement sponsorship or donation from a distributor of a dietary supplement whose name appears on the label. Permissible non-muscle building nutritional supplements are identified according to the following classes: Carbohydrate/electrolyte drinks; energy bars, carbohydrate boosters, and vitamins and minerals. (Revised - Federated Council May 2007.)
- I. **Win with character; lose with dignity.**

**Accept consequences of conduct deemed inappropriate or in violation of rules.**

I have read, understand, and accept the Policy Statement, Code of Ethics, The Pillars and Principles of Pursuing Victory with Honor, and the Violations, Minimum Penalties, and Appeal Process (on attached page) of the CIF-San Diego Section **ETHICS IN SPORTS** Policy. I agree to abide by this policy while participating and/or being a spectator at CIFSDS athletic events regardless of contest site or jurisdiction.

\_\_\_\_\_  
 Signature – Athlete

\_\_\_\_\_  
 Printed Name

\_\_\_\_\_  
 Date

\_\_\_\_\_  
 Signature – Parent/Guardian/Caregiver

\_\_\_\_\_  
 Printed Name

\_\_\_\_\_  
 Date

# **PURSuing VICTORY WITH HONOR**

## **SIX PILLARS OF CHARACTER**

**TRUSTWORTHINESS**

**RESPECT**

**RESPONSIBILITY**

**FAIRNESS**

**CARING**

**GOOD CITIZENSHIP**

## **SIXTEEN PRINCIPLES OF PURSUING VICTORY WITH HONOR**

1. The essential elements of character building and ethics in CIF sports are embodied in the concept of sportsmanship and six core principles: trustworthiness, respect, responsibility, fairness, caring, and good citizenship. The highest potential of sports is achieved when competition reflects these "six pillars of character."
2. It's the duty of School Boards, superintendents, school administrators, parents, and school sports leadership - including coaches, athletic administrators, program directors, and game officials - to promote sportsmanship and foster good character by teaching, enforcing, advocating, and modeling these "six pillars of character."
3. To promote sportsmanship and foster the development of good character, school sports programs must be conducted in a manner that enhances the academic, emotional, social, physical, and ethical development of student-athletes and teaches them positive life skills that will help them become personally successful and socially responsible.
4. Participation in school sports programs is a privilege, not a right. To earn that privilege, student-athletes must abide by the rules, and they must conduct themselves, on and off the field, as positive role models who exemplify good character.
5. School Boards, superintendents, school administrators, parents, and school sports leadership shall establish standards for participation by adopting and enforcing codes of conduct for coaches, athletes, parents, and spectators.
6. All participants in high school sports must consistently demonstrate and demand scrupulous integrity and observe and enforce the spirit as well as the letter of the rules.
7. The importance of character, ethics, and sportsmanship should be emphasized in all communications directed to student-athletes and their parents.
8. School Boards, superintendents, school administrators, parents, and school sports leadership must ensure that the first priority of their student-athletes is a serious commitment to getting an education and developing the academic skills and character to succeed.
9. School Boards, superintendents, principals, school administrators, and everyone involved at any level of governance in the CIF must maintain ultimate responsibility for the quality and integrity of CIF programs. Such individuals must assure that education and character development responsibilities are not compromised to achieve sports performance goals and that the academic, social, emotional, physical, and ethical well-being of student-athletes is always placed above desires and pressure to win.
10. All employees of member schools must be directly involved and committed to the academic success of student-athletes and the character-building goals of the school.
11. Everyone involved in competition including parents, spectators, associated student body leaders, and all auxiliary groups have a duty to honor the traditions of the sport and to treat other participants with respect. Coaches have a special responsibility to model respectful behavior and the duty to demand that their student-athletes refrain from disrespectful conduct including verbal abuse of opponents and officials, profane or belligerent trash-talking, taunting, and inappropriate celebrations.
12. School Boards, superintendents, and school administrators of CIF member schools must ensure that coaches, whether paid or voluntary, are competent to coach. Training or experience may determine minimal competence. These competencies include basic knowledge of: 1) The character building aspects of sports, including techniques and methods of teaching and reinforcing the core values comprising sportsmanship and good character. 2) The physical capabilities and limitations of the age group coached as well as first aid and CPR. 3) Coaching principles and the rules and strategies of the sport.
13. Because of the powerful potential of sports as a vehicle for positive personal growth, a broad spectrum of school sports experiences should be made available to all of our diverse communities.
14. To safeguard the health of athletes and the integrity of the sport, school sports programs must actively prohibit the use of alcohol, tobacco, drugs, and performance-enhancing substances, as well as demand compliance with all laws and regulations, including those related to gambling and the use of drugs.
15. Schools that offer athletic programs must safeguard the integrity of their programs. Commercial relationships should be continually monitored to ensure against inappropriate exploitation of the school's name or reputation. There should be no undue interference or influence of commercial interests. In addition, sports programs must be prudent, avoiding undue financial dependency on particular companies or sponsors.
16. The profession of coaching is a profession of teaching. In addition to teaching the mental and physical dimension of their sport, coaches, through words and example, must also strive to build the character of their athletes by teaching them to be trustworthy, respectful, responsible, fair, caring, and good citizens.

# VIOLETIONS, MINIMUM PENALTIES, AND APPEAL PROCESS

(Applicable to players and coaches from time of departure for contest until time of return.)

## ACT

1. Behavior resulting in ejection of athlete or coach from contest

## MINIMUM PENALTIES\*

### EJECTION POLICY:

Any coach, team attendant, or spectator ejected by a contest official from any contest for any reason, at any level, is suspended indefinitely from participation, practice, or attending (site and sound) any sports contest, until the first of the following occurs: the ejected person serves the tentative penalty recommended by the commissioner; or a meeting is held among the school administration, coach, player, and custodial parent(s)/guardian(s) with CIFSDS staff member(s) to discuss and impose an appropriate penalty which is served before participation resumes.

Any player ejected by a contest official from any contest for any reason is suspended from participation in the next contest(s) until the tentative penalty recommended by the commissioner is served; or a meeting is held among the school administration, coach, player, and custodial parent(s)/guardian(s) with CIFSDS staff member(s) to discuss and impose an appropriate penalty which is served before participation resumes. **Players are permitted to practice with the team and attend contests, but not in game uniform, during the period of suspension. (Approved June 3, 2008, Board of Managers).** Meetings will be scheduled at a time to be announced. There is no appeal of the Commissioner's decision. Telephonic and electronic meetings are not permitted.

Additionally, any person ejected (coach, player, spectator) is required to attend a CIFSDS Ethics In Sports Sportsmanship Meeting, which will be held at a time to be announced. Failure to attend the sportsmanship meeting will result in immediate suspension of athletic eligibility or attendance (site and sound) at contests or practices until such time as the ejected person attends a Sportsmanship Meeting. (Approved June 7, 2005, Board of Managers).

2. Illegal participation in next contest by athlete ejected from previous contest.

Ineligibility for remainder of season for athlete. A written appeal may be made by the individual or school to the commissioner.

A coach, who permits participation by a player ejected from a previous contest, knowingly violates a CIF or San Diego Section rule, and penalty may include a sanction to the school, coach, or suspension of membership.

3. Second ejection of athlete or coach from any contest during one season.

Ineligibility of athlete for remainder of season or suspension of coach for remainder of season. A written appeal may be made by the school principal within two school days to the commissioner for reduction of penalty. Official to make report by the next school day to the commissioner.

4. When an athlete leaves the bench area or fielding position to begin a confrontation or leaves the bench area or fielding position to join an altercation.

Ejection from the contest for those designated by the official, ineligibility for the next contest, probation for remainder of season. Those players involved are later identified, ineligible for next contest and probation for remainder of season. A written appeal may be made by the individual(s) or school to the commissioner. Official to make report by the next school day to the commissioner.

A similar infraction of this act by the same athlete(s) during the same season will result in termination of the season for the athlete(s) concerned. A written appeal may be made by the school principal to the Commissioner.

5. When more than two athletes leave the bench area or fielding position to begin a confrontation or leave the bench area or fielding position to join an altercation.

Contest will be stopped by officials and coaches. Ejection from the contest for those athlete(s) designated by the officials. The team(s) that left the bench area must forfeit the contest, record a loss, and the team(s) and player(s) placed on probation for the remainder of the season. A written appeal may be made by the school(s) principal to the commissioner. A second infraction will result in cessation of the season for the team(s) and/or athlete(s). A written appeal may be made by the school(s) principal to the commissioner. Official to make report by the next school day to the commissioner.

If the act occurs in the CIF-San Diego Finals, and both teams are charged with a forfeit, there will be no champion. A written appeal may be made by school(s) principal to the commissioner. Official to make report by the next school day to commissioner.

6. Other acts committed by individuals or teams or acts committed at end of season.

Commissioner, as authorized by Green Book, to determine and implement penalties up to and including career suspension for individuals and following year penalties for teams.

7. Use of an ineligible player in a contest.

If a team uses an ineligible player in a contest(s), the contest(s) shall be forfeited. The number of forfeited contest(s) exceeds the maximum permitted in accordance with the CIFSDS Forfeit Policy (see Green Book) the team shall be excluded from CIFSDS playoffs.

If an ineligible individual is permitted to participate in an individual sport, that individual is excluded from playoffs, and the school is subject to penalties for a willful violation of a rule.

\*Commissioner, as authorized by Green Book, may determine and implement additional penalties up to and including career suspension for individuals and following year penalties for teams.